

Pl Name	Zeit															
D 19 AL (2)		6,5 km 220 Hm							19 P (Forts.)							
		1(132) 15(124)	2(131) 16(122)	3(127) 17(121)	4(125) 18(144)	5(123) 19(150)	6(138) Z	7(139)	8(140)	9(145)	10(147)	11(152)	12(153)	13(151)	4(149)	
2 Helen Rendich SV Wannweil	1:21:09	1:24 1:24 1:03:26 14:51	2:05 0:41 1:05:11 1:45	4:50 2:45 1:05:51 0:40	6:09 1:19 1:19:09 13:18	7:59 1:50 1:19:58 0:49	19:06 11:07 1:21:09 1:11	20:57 1:51	24:18 3:21	25:27 1:09	26:43 1:16	32:53 6:10	36:24 3:31	39:45 3:21	48:35 8:50	
H 19 AL (10)		8,9 km 300 Hm							26 P							
		1(131) 15(122)	2(133) 16(144)	3(138) 17(143)	4(141) 18(142)	5(145) 19(126)	6(146) 20(123)	7(149) 21(128)	8(154) 22(127)	9(151) 23(130)	10(148) 24(136)	11(153) 25(137)	12(152) 26(150)	13(147) Z	4(124)	
1 Sascha Dammeier SV Wannweil	1:16:40	0:57 0:57 40:11	2:06 1:09 51:08	4:42 2:36 52:34	6:18 1:36 54:22	7:29 1:11 1:02:06	8:03 0:34 1:04:00	9:45 1:42 1:07:33	15:28 5:43 1:08:45	18:59 3:31 1:09:56	21:11 2:12 1:11:22	24:06 2:55 1:12:30	25:21 1:15 1:15:45	30:13 4:52 1:16:40	38:37 8:24	
2 Pal Varbiro OL-Team Filder	1:18:00	1:34 0:47 0:47	10:57 1:19 0:32	1:26 3:40 2:21	1:48 5:14 1:34	7:44 6:33 1:19	1:54 7:25 0:52	3:33 9:30 2:05	1:12 10:06 6:36	1:11 19:40 3:34	1:26 21:57 2:17	1:08 25:17 3:20	3:15 26:47 1:30	0:55 31:37 4:50	8:19 39:56	
3 Alexandre Alvarez OLF Mainz	1:19:09	1:37 1:08 1:08 42:01 1:17	10:59 2:05 0:57 53:10 11:09	1:28 4:36 2:31 54:50 1:40	1:49 6:03 1:27 56:43 1:53	1:49 7:24 1:21 1:04:05 7:22	1:54 8:17 0:53 1:06:24 2:19	3:57 8:17 2:58 1:10:18 3:54	1:12 16:25 5:10 1:11:25 1:07	1:12 20:07 3:42 1:12:39 1:14	1:12 22:46 2:39 1:14:11 1:32	1:03 25:51 3:05 1:15:10 0:59	3:19 27:16 1:25 1:18:15 3:05	0:53 32:15 4:59 1:19:09 0:54	40:44 8:29	
4 Colin Vavra GTS Gundelfingen	1:27:27	0:52 0:52 47:03 1:30	1:27 0:35 58:40 11:37	6:12 4:45 1:00:19 1:39	7:55 1:43 1:02:27 2:08	9:22 1:27 1:10:31 8:04	10:12 0:50 1:13:02 2:31	12:18 2:06 1:16:34 3:32	18:13 5:55 1:18:03 1:29	21:46 3:33 1:19:33 1:30	24:28 2:42 1:21:40 2:07	27:29 3:01 1:22:49 1:09	28:56 1:27 1:26:39 3:50	34:14 5:18 1:27:27 0:48	45:33 11:19	
5 Steffen Ilg TSV Kusterdingen	1:42:43	1:13 1:13 58:48	3:22 2:09 1:12:00	6:51 3:29 1:13:43	8:43 1:52 1:16:01	10:26 4:29 1:24:28	13:12 1:34 1:27:30	14:46 3:41 1:31:31	18:27 5:43 1:33:16	24:10 4:44 1:34:42	28:54 2:41 1:36:20	31:35 4:03 1:37:28	35:38 2:14 1:41:46	37:52 4:03 1:42:43	44:35 6:43 1:42:43	56:58 12:23
6 Jakob Schach SV Wannweil	1:50:04	1:03 1:03 57:26 2:09	1:41 0:38 1:12:09 14:43	5:49 4:08 1:14:23 2:14	7:47 1:58 1:17:26 3:03	9:16 1:29 1:27:52 10:26	10:11 0:55 1:31:02 3:10	12:50 2:39 1:36:14 5:12	20:51 8:01 1:38:14 2:00	25:23 4:32 1:40:16 2:02	28:45 3:22 1:42:16 2:02	33:57 5:12 1:43:52 1:36	35:34 1:37 1:48:51 4:59	43:10 7:36 1:50:04 1:13	55:17 12:07	
7 Jan Hering oV ohne Verein	1:58:47	1:20 1:20 1:02:00 3:17	3:12 1:52 1:17:40 15:40	6:33 3:21 1:20:03 2:23	9:07 2:34 1:23:04 3:00	10:52 1:45 1:33:13 10:10	12:00 1:08 1:37:24 4:11	15:08 3:08 1:43:53 6:29	22:22 7:14 1:46:24 2:31	27:19 4:57 1:48:19 1:55	30:53 3:34 1:51:01 2:42	35:06 4:13 1:52:29 1:28	38:30 3:24 1:57:35 5:06	47:05 8:35 1:58:47 1:12	58:43 11:38	
8 Christian Röck TUS Karlsruhe-Rüp	2:24:17	1:05 1:05 1:20:16 1:25	1:43 0:38 1:41:39 21:23	7:53 6:10 1:43:33 1:54	9:32 1:39 1:45:54 2:21	11:00 1:28 2:00:46 14:52	11:48 0:48 2:04:19 3:33	15:43 3:55 2:10:37 6:18	25:28 9:45 2:12:20 1:43	35:13 9:45 2:14:33 2:13	40:00 4:47 2:16:50 2:17	52:52 12:52 2:18:32 1:42	55:18 2:26 2:23:20 4:48	1:04:51 9:33 2:24:17 0:57	1:18:51 14:00	
Andrulis Mindaugas TSG Wiesloch	Fehlst	1:03 1:03 55:55 1:57	1:47 0:44 1:09:17 13:22	4:38 2:51 1:11:26 2:09	6:14 1:36 1:13:45 2:19	7:41 1:27 ----- 2:19	8:31 0:50 ----- 7:42	11:42 3:11 ----- 9:54	19:44 8:02 ----- -----	23:52 4:08 ----- 18:41	27:52 4:00 ----- 21:05	31:43 3:51 ----- 24:04	33:41 1:58 ----- 31:31	40:57 7:16 1:20:55 7:10	53:58 13:01	
Shankara Isha Berg GTS Gundelfingen	Fehlst	0:50 0:50 47:25 1:29	1:52 1:02 1:02:08 14:43	4:27 2:35 1:04:07 1:59	6:00 1:33 1:06:29 2:22	7:02 1:02 1:13:46 7:17	7:42 0:40 1:16:00 2:14	9:54 2:12 1:20:02 4:02	----- 8:47 1:21:27 2:15	18:41 8:47 1:22:47 1:20	21:05 2:24 1:24:15 1:28	24:04 2:59 1:25:27 1:12	31:31 7:27 1:28:39 3:12	37:01 5:30 1:29:35 0:56	45:56 8:55	
		*126	*147													
H 19 AK (2)		5,8 km 190 Hm							18 P							
		1(134) 15(135)	2(132) 16(142)	3(138) 17(143)	4(139) 18(150)	5(141) Z	6(146)	7(152)	8(154)	9(151)	10(149)	11(124)	12(122)	13(130)	4(136)	
1 Jonathan Schach SV Wannweil	1:05:43	0:47 0:47 59:07 1:36	1:09 0:22 1:01:35 2:28	3:54 2:45 1:03:26 1:51	5:07 1:13 1:04:44 1:18	5:59 0:52 1:05:43 0:59	8:21 2:22	14:06 5:45	19:12 5:06	23:58 4:46	30:30 6:32	44:56 14:26	46:40 1:44	55:38 8:58	57:31 1:53	
Markus Weller TGV Horn	Fehlst	1:00 1:00 51:24 2:20	2:10 1:10 53:40 2:16	6:10 4:00 56:04 2:24	7:37 1:27 57:39 1:35	8:50 1:13 58:55 1:16	11:20 2:30	----- -----	----- -----	----- -----	13:55 2:35	31:47 17:52	33:48 2:01	47:10 13:22	49:04 1:54	
D 35 (4)		5,1 km 150 Hm					18 P									
		1(131) 15(137)	2(133) 16(135)	3(124) 17(143)	4(122) 18(144)	5(121) Z	6(126)	7(127)	8(130)	9(139)	10(141)	11(146)	12(149)	13(152)	4(153)	
1 Wiebke Martin TGV Horn	1:08:06	1:56 1:56 58:39 8:12	3:02 1:06 59:36 0:57	13:47 10:45 1:03:58 4:22	16:02 2:15 1:05:51 1:53	16:58 0:56 1:08:06 2:15	23:53 6:55	26:32 2:39	28:42 2:10	32:46 4:04	34:08 1:22	37:14 3:06	41:05 3:51	46:14 5:09	50:27 4:13	
2 Verena Funk OL-Team Filder	1:14:40	1:29 1:29 1:04:27 9:22	2:32 1:03 1:05:20 0:53	12:10 9:38 1:10:17 4:57	14:37 2:27 1:12:02 1:45	15:37 1:00 1:14:40 2:38	24:03 8:26	27:35 3:32	30:01 2:26	34:35 4:34	36:39 2:04	40:51 4:12	45:20 4:29	51:28 6:08	55:05 3:37	

Pl	Name	Zeit															
D 35 (4)			5,1 km 150 Hm				18 P			<i>(Forts.)</i>							
			1(131) 15(137)	2(133) 16(135)	3(124) 17(143)	4(122) 18(144)	5(121) Z	6(126)	7(127)	8(130)	9(139)	10(141)	11(146)	12(149)	13(152)	4(153)	
3	Johanna Dammeier SV Wannweil	1:21:30	1:30 1:30	2:47 1:17	12:21 9:34	16:00 3:39	16:47 0:47	24:32 7:45	29:12 4:40	31:20 2:08	37:37 6:17	39:01 1:24	42:12 3:11	45:22 3:10	57:31 12:09	1:02:37 5:06	
4	Meike Hartmann TGV Horn	1:47:05	1:11:28 8:51	1:12:20 0:52	1:17:22 5:02	1:19:13 1:51	1:21:30 2:17	28:32 10:25	38:57 3:43	42:40 2:57	45:37 5:29	51:06 2:28	53:34 4:22	57:56 6:17	1:04:13 7:44	1:11:57 8:48	1:20:45
H 35 (9)			6,5 km 220 Hm				19 P										
			1(132) 15(124)	2(131) 16(122)	3(127) 17(121)	4(125) 18(144)	5(123) 19(150)	6(138) Z	7(139)	8(140)	9(145)	10(147)	11(152)	12(153)	13(151)	4(149)	
1	Klaus Schwind OLG Ortenau	58:57	0:50 0:50	1:14 0:24	3:27 2:13	4:19 0:52	6:28 2:09	13:51 7:23	15:12 1:21	16:31 1:19	17:13 0:42	18:07 0:54	24:17 6:10	26:20 2:03	29:14 2:54	33:33 4:19	
2	Björn Stieler TUS Karlsruhe-Rüp	59:52	11:00 0:56	1:28 0:32	0:41 4:10	10:26 1:09	0:50 1:19	0:59 6:10	14:16 1:13	15:29 1:39	17:08 0:51	17:59 1:11	19:10 4:25	23:35 2:29	26:04 3:09	29:13 5:57	35:10
3	Marcus Schmidt TSG Wiesloch	1:07:16	10:37 2:47	1:33 0:25	4:42 2:33	10:14 1:29	0:51 1:27	1:05 12:09	20:50 1:16	22:06 1:03	23:09 0:56	24:05 1:03	25:08 6:01	31:09 3:04	34:13 2:51	37:04 5:38	42:42
4	Martin Schwarz TGV Horn	1:13:36	52:53 10:11	54:29 1:36	55:06 0:37	1:05:31 10:25	1:06:16 0:45	1:07:16 1:00	19:47 1:26	21:14 1:27	22:18 1:04	23:41 1:23	29:33 5:52	31:40 2:07	35:58 4:18	40:57 4:59	
5	Michael Martin TGV Horn	1:14:06	13:49 1:12	2:17 0:32	0:31 2:55	14:07 1:13	0:56 2:23	0:59 11:49	20:04 1:35	21:39 1:45	23:24 1:23	24:47 1:32	26:19 6:08	32:27 4:07	36:34 3:21	39:55 5:41	45:36
6	Hans Helwing TUS Karlsruhe-Rüp	1:18:58	11:36 2:04	1:54 2:44	0:50 7:46	11:52 9:13	1:01 12:42	1:17 22:13	23:46 1:33	25:21 1:35	26:17 0:56	28:57 2:40	33:41 4:44	36:38 2:57	41:06 4:28	46:56 5:50	
7	James Bryan GTS Gundelfingen	1:31:29	1:00:38 13:42	1:02:22 1:44	1:02:59 0:37	1:16:53 13:54	1:17:53 1:00	1:18:58 1:05	22:44 1:35	24:44 2:00	25:50 1:06	26:59 1:09	32:48 5:49	35:31 2:43	40:04 4:33	54:43 14:39	
8	Fred Haertelt OL.DE Presseteam	1:32:11	17:32 1:20	2:22 1:54	0:37 8:55	14:07 10:22	1:00 11:56	1:08 24:52	28:43 3:51	30:15 1:32	31:35 1:20	33:06 1:31	38:53 5:47	43:42 4:49	48:31 4:49	57:49 9:18	
9	Sven Göbel Gymansium Offenb.	1:46:30	1:14:34 16:45	1:16:37 2:03	1:17:31 0:54	1:30:12 12:41	1:31:00 0:48	1:32:11 1:11	55:08 *147	29:11 2:27	31:57 2:46	33:54 1:57	35:59 2:05	42:58 6:59	48:10 5:12	55:26 7:16	1:04:43 9:17
H 45 (18)			5,8 km 190 Hm				18 P										
			1(134) 15(135)	2(132) 16(142)	3(138) 17(143)	4(139) 18(150)	5(141) Z	6(146)	7(152)	8(154)	9(151)	10(149)	11(124)	12(122)	13(130)	4(136)	
1	Magnus Berger GTS Gundelfingen	50:58	45:52 1:38	47:32 1:40	49:04 1:32	50:08 1:04	50:58 0:50	5:23 1:02	7:13 1:50	11:17 4:04	15:27 4:10	19:12 3:45	23:38 4:26	33:57 10:19	35:28 1:31	42:47 7:19	44:14 1:27
2	Michael Thierolf TV Alsbach	51:53	0:47 45:14	1:04 0:17	3:29 48:52	4:38 50:33	5:18 51:53	6:49 5:53	11:00 43:56	15:18 4:11	18:40 4:18	23:27 3:22	33:20 4:47	34:35 9:53	41:22 1:15	42:51 6:47	42:51 1:29
3	Andreas Drexhage TGV Horn	52:46	2:23 0:47	1:45 1:06	1:53 3:48	1:41 4:48	1:20 5:27	*137 7:09	11:45 4:36	15:35 3:50	19:26 3:51	25:37 6:11	35:52 10:15	37:06 1:14	44:10 7:04	45:36 1:26	
4	Torsten Dunay TUS Karlsruhe-Rüp	57:00	1:41 0:46	1:27 1:06	2:00 4:07	1:06 5:33	0:56 6:28	5:27 8:22	1:42 13:28	4:36 18:04	3:51 21:55	6:19 28:14	10:45 38:59	1:26 40:25	7:17 47:42	1:39 49:21	
5	Rolf Wüstenhagen GTS Gundelfingen	57:42	51:21 2:00	53:01 1:40	54:48 1:47	56:02 1:14	57:00 0:58	50:34 *137	29:11 11:44	31:57 5:37	33:54 4:21	35:59 3:43	42:58 10:17	48:10 1:32	55:26 6:36	1:04:43 1:43	
6	Frank Lösel TUS Karlsruhe-Rüp	1:00:14	1:43 0:48	1:36 1:19	1:55 4:58	1:21 6:19	0:55 7:14	0:55 9:35	2:21 14:54	5:19 19:11	4:17 23:06	3:55 31:48	8:42 42:23	1:16 43:39	7:07 50:46	1:36 52:22	

Pl	Name	Zeit	3,8 km 80 Hm				14 P									
			1(156)	2(131)	3(127)	4(130)	5(139)	6(140)	7(145)	8(147)	9(152)	10(153)	11(137)	12(135)	13(143)	4(144)
H 65 (6)			Z													
1	Bernhard Gartner OL-Team Filder	48:46	1:18 1:18 48:46 1:48	2:32 1:14	5:48 3:16	7:36 1:48 6:30	14:06 6:30	15:56 1:50	17:22 1:26	18:48 1:26	24:33 5:45	32:40 8:07	40:20 7:40	41:05 0:45	45:20 4:15	46:58 1:38
2	André Hallouard GTS Gundelfingen	49:44	1:44 1:44 49:44 2:22	2:38 0:54	5:30 2:52	7:24 1:54	14:46 7:22	17:01 2:15	18:34 1:33	20:01 1:27	26:05 6:04	31:10 5:05	40:19 9:09	41:08 0:49	45:36 4:28	47:22 1:46
3	Siegfried Wörner OL-Team Filder	51:32	1:55 1:55 51:32 2:26	3:17 1:22	6:51 3:34	8:40 1:49	14:46 6:06	16:47 2:01	18:07 1:20	19:37 1:30	25:51 6:14	30:19 4:28	40:57 10:38	41:57 1:00	47:13 5:16	49:06 1:53
4	Peter Deak TGV Horn	1:05:37	1:37 1:37 1:05:37 3:01	3:12 1:35	8:10 4:58	10:53 2:43	17:52 6:59	19:49 1:57	21:24 1:35	23:42 2:18	32:37 8:55	38:59 6:22	51:45 12:46	53:09 1:24	1:00:05 6:56	1:02:36 2:31
	Rainer Sickerling OL-Team Filder	Fehlst	1:00 1:00 48:57 2:07	2:11 1:11	5:48 3:37	7:43 1:55	12:11 4:28	14:12 2:01	15:39 1:27	----- 11:45	27:24 11:45	----- 11:28	38:52 11:28	39:53 1:01	44:48 4:55	46:50 2:02
	Friedrich Vischer OL-Team Filder	Fehlst	1:06 1:06 50:44 2:52	2:40 1:34	6:41 4:01 14:43 *141	8:39 1:58	12:58 4:19	----- 6:10	19:08 6:10	21:16 2:08	27:39 6:23	30:27 2:48	38:32 8:05	39:21 0:49	46:12 6:51	47:52 1:40
H 75 (2)			Z													
1	Gerhard Horn TGV Horn	1:03:30	1:46 1:46 1:03:30 3:00	4:10 2:24	8:53 4:43 2:44 *132	12:12 3:19	19:33 7:21	21:45 2:12	23:34 1:49	25:31 1:57	34:51 9:20	39:52 5:01	50:31 10:39	51:39 1:08	58:06 6:27	1:00:30 2:24
2	Winfried Horn TV Murrhardt	1:04:51	1:38 1:38 1:04:51 3:06	3:25 1:47	9:06 5:41	12:10 3:04	20:27 8:17	22:55 2:28	24:55 2:00	26:43 1:48	33:54 7:11	39:46 5:52	50:53 11:07	52:14 1:21	59:22 7:08	1:01:45 2:23
OK (2)			Z													
1	Martine Haselhuhn TGV Horn	25:07	1:00 1:00	3:22 2:22	6:05 2:43	7:02 0:57	9:36 2:34	13:05 3:29	14:52 1:47	15:50 0:58	19:06 3:16	21:48 2:42	23:29 1:41	25:07 1:38		
	Ronja Schaal TV Kippenheim	Fehlst	1:35 1:35	----- 17:13	18:48 5:22	24:10 5:22	29:01 4:51	36:38 7:37	40:39 4:01	41:57 1:18	48:40 6:43	53:27 4:47	56:10 2:43	58:51 2:41		
OL (8)			Z													
1	Enrio Boseke oV ohne Verein	41:16	0:40 0:40 41:16 1:14	2:10 1:30	4:28 2:18	6:59 2:31	10:24 3:25	13:48 3:24	14:38 0:50	16:38 2:00	19:30 2:52	24:41 5:11	31:06 6:25	35:20 4:14	37:38 2:18	40:02 2:24
2	Dieter Barg DARC Franken	51:41	1:08 1:08 51:41 1:26	3:49 2:41	8:40 4:51	13:15 4:35	17:40 4:25	21:46 4:06	22:46 1:00	25:18 2:32	28:55 3:37	36:00 7:05	39:51 3:51	44:50 4:59	47:34 2:44	50:15 2:41
3	Rainer Stöhr SV Wannweil	53:18	0:59 0:59 53:18 1:52	2:58 1:59	7:18 4:20	11:17 3:59	15:20 4:03	19:15 3:55	20:24 1:09	22:31 2:07	26:42 4:11	32:16 5:34	36:57 4:41	41:47 4:50	43:59 2:12	51:26 7:27
4	Fiona Wüstenhagen oV ohne Verein	1:05:14	0:59 0:59 1:05:14 1:20	4:31 3:32	11:08 6:37	16:19 5:11	23:59 7:40	29:57 5:58	31:15 1:18	33:49 2:34	37:45 3:56	44:45 7:00	50:25 5:40	56:43 6:18	59:17 2:34	1:03:54 4:37
5	Ulrich Wüstenhagen oV ohne Verein	1:05:20	1:08 1:08 1:05:20 1:48	4:41 3:33	11:18 6:37	16:21 5:03	23:40 7:19	30:05 6:25	31:20 1:15	33:50 2:30	37:58 4:08	44:52 6:54	50:54 6:02	56:52 5:58	59:25 2:33	1:03:32 4:07
6	Volker Ahne oV ohne Verein	1:40:13	1:01 1:01 1:40:13 0:58	45:13 44:12	49:26 4:13	53:53 4:27	57:36 3:43	1:03:09 5:33	1:04:01 0:52	1:06:20 2:19	1:13:31 7:11	1:21:35 8:04	1:26:09 4:34	1:33:57 7:48	1:36:59 3:02	1:39:15 2:16
7	Ilka Ahne oV ohne Verein	1:41:25	1:11 1:11 1:41:25	45:54 44:43	49:45 3:51	53:52 4:07	58:14 4:22	1:03:23 5:09	1:04:07 0:44	1:06:31 2:24	1:13:47 7:16	1:22:03 8:16	1:26:45 4:42	1:34:59 8:14	1:37:22 2:23	1:40:21 2:59

